

Resources for Transition Plus Graduates

1. **EMPLOYMENT:**

Vocational Rehabilitation Services

<https://mn.gov/deed/job-seekers/disabilities/>

2. **COMMUNITY:**

Building Healthy Inclusive Communities through the **National Center on Health, Physical Activity and Disability (NCHPAD)**

<http://www.nchpad.org/>

1-800-900-8086

Hennepin County - Services for People with Disabilities

<http://www.hennepin.us/residents/human-services/services-disabilities>

612-348-4111

Guardianship

The Arc – Greater Twin Cities

<https://arcgreatertwincities.org/>

952-920-0855

Minnetonka Community Education

<https://www.minnetonkaschools.org/district/mcec>

952-401-6800

Hopkins Community Education

<https://www.hopkinsschools.org/community-education>

952-988-4070

St. Louis Park Community Education

<https://slpcommunityed.com/>

952-928-6061

Reach For Resources, Inc.

<https://www.reachforresources.org/>

952-200-3030

3. **RECREATION & LEISURE:**

Project SOAR – Adults with Disabilities Program

<http://projectsoarmn.org/>

952-401-6898

True Friends – Experiences & Adventures For All Abilities.

<http://truefriends.org/>

952-852-0101

Bridging Hearts – Connect. Belong. Matter. Bringing young adults together to discover new, lifelong friendships.

<http://www.bridginghearts.org/>

952-237-6102

4. **HOME LIVING:**

Pacer Center - Housing Project

www.pacer.org

952-838-9000

Metropolitan Center for Independent Living (MCIL) – Working with people with disabilities in fulfilling their desire to lead productive self-determined lives

<http://www.mcil-mn.org/>

651-646-8342

5. **GENERAL RESOURCES:**

Pacer Center – Project C3

<http://www.pacer.org/c3/>

952-838-9000

Hennepin Human Services – Provides a variety of programs and services to help you and your family be safe and healthy

<http://www.hennepin.us/residents/human-services/resource-directory>

612-348-3000

The Arc – Greater Twin Cities

<https://arcgreatertwincities.org/>

952-920-0855

Hennepin Health – Takes an integrative approach to health care by addressing not only its members' medical needs, but also their behavioral health and social service needs.

<http://www.hennepinhealth.org/>

612-596-1036